

Case for Support: Valley's Family Care Center

**For more information, please contact:**

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***Earl A. Wheaton Jr, M.D. Family Care Center***

**Background**

The Valley Hospital has outpatient healthcare services available for those who cannot afford private medical care and/or have limited or no medical insurance. The Earl A. Wheaton Jr, M.D. Family Care Center (FCC), previously known as The Valley Hospital Family Care Center, is now located at 223 North Van Dien Ave in Ridgewood.

The FCC offers primary care, internal medicine, prenatal care, post-partum care, pediatric services, and specialist services. The center also provides a professional interpretation system in many different languages for individuals who do not speak English. In 2023 Community Care had 5,271 visits, treating approximately 2,500 patients. The FCC also provides services to patients who are displaced due to war in their own countries. The Obstetrical Clinic is a comprehensive program that includes visits with an obstetrician (OB) or nurse practitioner, OB registered nurse, social worker, and nutritionist.

**Request:**

**1. Hypertension Education**

Based on our 2022 Community Health Needs Assessment, 39.8% of patients in Valley's service area were told they have high blood pressure compared to 33% in NJ. In an effort to address severe hypertension in Maternal Health and in our general clinics, the FCC endeavors to increase patient education and home blood pressure monitoring education in addition to providing blood pressure monitors to these populations. The FCC is now participating in a maternal hypertensive collaborative in which pregnant and post-partum patients with hypertension are evaluated. Patients are given free at home blood pressure monitors, referrals and education. Addressing hypertension in our underserved populations remains a priority for the FCC, particularly when patients face insurance gaps, limited out of pocket resources, and knowledge gaps.

- 125 blood pressure machines (\$7,500)
- 30 XL blood pressure cuffs (\$900)
- Educational materials for community outreach and awareness efforts (\$5,000)

Total: Request: \$13,400

## 2. Literacy in Pediatrics

Our pediatric population experience deficits in reading literacy. Education is provided to parents by our nurses and Nurse Practitioners on the importance of reading to their children. We would like to provide books in Spanish and English to families to promote reading. Very often, a child's first book is given to them during their visit to the FCC.

### Summary of Funding Request

	Cost
Hypertension Education	\$13,400.00
Books for Literacy in Pediatrics	\$ 5,000.00
<b>Requested Funding Total</b>	<b>\$18,400.00</b>

Thank you for your consideration.